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TITLE: COW'S MILK CONTAINING VEGETABLE AND ITS PRODUCTION

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ABSTRACT:

PROBLEM TO BE SOLVED: To produce a suitably producible cow's milk at a low cost by using a widely used vegetable, capable of enriching iron, enhancing hematopoietic actions, further containing various vitamins or minerals blended in good balance and effective against various symptoms of anemia, constipation or climacteric disturbance of women.

SOLUTION: This cow's milk contains a vegetable and is obtained by adding about 12.5g KOMATSU-NA [Brassica campestris (rapa group)], about 2.5g spinach, about 2.5g total amount of mulukkiyya, parsley, water cress and beefsteak plant, 22.5g lemon and 2.5g reducing palatinose with about 150cc cow's milk. Furthermore, the cow's milk containing the vegetable is prepared by placing about 12.5g KOMATSU-NA, about 2.5g spinach and about 2.5g total amount of mulukkiyya, parsley, water cress and beefsteak plant based on 10cc cow's milk in a mixer, pulverizing and mixing the ingredients, adding about 22.5g lemon and about 2.5g reducing palatinose thereto and further adding cow's milk thereto so as to make the sum total to 200cc.

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